

| Lisa Hopkins Clinic - 20/08/2022 | |
|---|-----------------|
| | |
| 10:00 | Rachel Barbrook |
| 15:40 | Natalie Banks |
| 11:40 | Helen Barlow |
| 12:30 | 20 Minute Break |
| 12:50 | Natalie Banks |
| 13:40 | Nicola North |
| 14:30 | Natalie Banks |
| 15:20 | 20 Minute Break |
| 15:40 | Natalie Banks |
| 16:30 | |